



**Diablo Valley Montessori School**

---

*November 16, 2022*

### ***Headlines***

*Message from Jayne*

*- Staying Healthy After the Holidays*

*DVMS Annual Fund*

*DVMS Coin Drive*

*Parent Education Opportunities*

*- Kindergarten at DVMS Tomorrow Night!*

*- The Calm Parent Switch Series*

*Important Dates*

---

## **Message from Jayne**

Happy Thanksgiving! We hope you have a wonderful week with special times together with family and friends.

Thanksgiving is always a time to reflect in the spirit of gratitude. I am deeply thankful for our DVMS community: our teachers who pour their heart and soul into their work with love, our staff who make sure our school runs smoothly, our Board who provide valued guidance and advice, and parents who support the teachers and trust us with your most precious gifts, your children. Most of all I am thankful for the children; their joy and zest to learn inspire us daily.

The past several weeks have been full of illness here at DVMS. COVID is no longer the sole concern. RSV and other respiratory illnesses, along with the stomach flu, have been consistently affecting children and staff. Thankfully we continue to follow strict cleaning protocols to minimize the spread of germs and viruses.

We rely on our families to keep everyone healthy too! If your child shows any signs of illness after the break, please keep them home to rest and recover. Testing for COVID is

---

always a good idea, especially if there are symptoms present or you have traveled; however a negative COVID test does not indicate that your child is healthy. Being mindful of any potentially infectious condition is essential to minimize the impact on others. The daily health screening is an important tool for us to keep our community healthy. We appreciate your partnership.

Wishing you a joyful holiday break,  
Jayne

---

## DVMS Annual Fund



I'm truly amazed at our wonderful community! Our teachers feel appreciated from the outpouring of support for our second Annual Fund Campaign! As of this afternoon, 72% of our families have donated to the fund. The Sunflower and Wildflower classes have reached 100%, and I'm excited to celebrate with them with ice cream and story time soon!

There are just two more days to show your support. Please [click here](#) to donate:

I have more ice cream and stories to share for any additional classroom that reaches 100 percent by Friday!

Sunflower: 100 percent

Poppy: 82 percent

---

Wildflower: 100 percent   
Buttercup: 83 percent  
Lavender: 50 percent  
Honeysuckle: 50 percent  
Daisy: 62 percent  
Jasmin: 81 percent  
Petunia: 80 percent

With deep gratitude,  
Jayne

---

## Parent Education Opportunities

*PLEASE JOIN  
US FOR:*



KINDERGARTEN  
AT DVMS  
PARENT ED  
NIGHT

THURSDAY, 11/17,  
7-8:30PM

---

DVMS is so much more than preschool. Our Montessori method and philosophy is specifically designed for the development of the whole child throughout their early childhood years. Their third, or sometimes fourth, year in the preschool classroom is the capstone year when they experience an "explosion into learning". This is when a child's work during the previous years all comes together, encouraging academic learning, and social confidence as leaders.

Join the preschool teachers for an evening of learning all about the Kindergarten year at DVMS. Learn about how each area of the Montessori classroom engages children in preparation for their elementary years.



Join Raising Our Resilience for our FREE 3-PART SERIES. We'll help you find your

---

personal calm-down strategies to 'switch' to a calmer, more composed state where you're back in control and can choose how you want to respond in tough, patience-testing moments.

This 'switch' from overreacting to responding calmly is what we're calling The Calm Parent Switch.

The goal of this series is to help you find your go-to Calm Parent Switch so that you can take a powerful step toward being a consistently calm, empowered parent. Imagine being more resilient and less reactive no matter how your child is behaving or how chaotic things get. Yes, please! And the fun part is that once you learn all 6 quick and easy calm down strategies for parents you can share them with your kids, too!

Learn how to be MORE RESILIENT and LESS REACTIVE, no matter how chaotic things get. Space is limited! Save your spot by [clicking here](#)

What are we learning?

- \*How to have more personal resilience in stressful situations
- \*Ideas of what to say and do in tense moments
- \*How to have more listening and cooperation from your child
- \*Action steps to put what you learned into practice
- \*Calming, stress-relieving strategies for the whole family

What is it? A 3-part training to learn how to flip our own personal 'switch' and turn into a CALMER parent who is IN CONTROL, and can RESPOND WITH CONFIDENCE and clarity to any situation, while creating more connection, trust, and respect among family members.

Who is it for? Parents who are ready to shift from stress and chaos to more calm and ease.

When is it? Join us for 3 live sessions @12m PT + daily live replays @7pm PT on December 1st, 2nd, and 5th + a special live coaching session @6pm PT December 5th.

Where is it? We'll be in a virtual Zoom Room and live on Facebook. Please be sure to register so the team can send you the Zoom link and give you access to the special group!

Who are the presenters?

Vanessa Callaghan, MEd. is a proven educator known for her refreshingly honest, hands-on, and personal approach. She empowers parents struggling with their children's challenging behaviors to find the calm, confidence, and tools they need to

---

build lifelong relationships based on love, respect, and appreciation. You can learn more about Vanessa, her yearlong Parent Immersion, and are invited to join her free parent Facebook Group where she shares her top tips in weekly trainings

Dr. Luz Casquejo Johnston has over two decades of experience in the field of education. Over that time as a classroom teacher, principal and professor, Dr. Luz has worked with hundreds of parents to create families that learn and grow together. She currently consults with schools, parent groups and individual families to share her warmth and wealth of knowledge.

---

## **DVMS Coin Drive**

DVMS is delighted to host our annual coin drive December 5th - December 9th. This is a long-standing DVMS tradition to raise money for the Contra Costa County Food Bank. Bring your coins directly to your child's classroom. If you have any questions, feel free to contact Annie Myers at [annieb@gmail.com](mailto:annieb@gmail.com).



---

## **Important Dates!**



November 17: Kindergarten at DVMS Parent Information Evening 7:00pm

November 21-25: Thanksgiving Break DVMS Closed

December 3: DVMS at the Golden State Warriors

December 5 - 9: DVMS Coin Drive

December 19 - December 23: Winter Break (No classes) for Buttercup and Preschool. Extended care for Preschool on a very limited basis. **Sign up begins at 10:00am on Monday, November 28.**

December 25 - January 2: Winter Break for all classes and office. DVMS Closed

January 3, 2023: DVMS reopens

January 7: DVMS at the Golden State Warriors

January 12: 7pm Parent Education evening with Vanessa Callaghan "5 Kind and Clever Ways to Motivate Kids... without rewards and punishments"

---



• SAVE THE DATE •

*It's Auction Time  
Let's Fiesta!*

---

**SATURDAY | APRIL 15TH | 5PM  
COCINA HERMANAS, DANVILLE**



---

**Stay Connected**





*For News and  
Info, follow us  
on:*

[www.facebook.com/dvmslafayette/](http://www.facebook.com/dvmslafayette/)



<https://www.instagram.com/dvmslafayette/>

---